



# *Ashland Public Schools*

## *Health and Wellness*

### *Curriculum Review Plan*

#### **Introduction:**

The Ashland Public Schools are committed in the pursuit of academic excellence for all students. Our Blueprint for Continuous Student Improvement drives the work that we do every day to ensure that we meet this goal. The development and implementation of a clearly articulated curriculum in all subject areas is essential for success. In order to make certain that the curriculum that is currently in place, meets the needs of our students, is taught with fidelity, and is aligned to the standards, the district has created and adopted a curriculum review process. This is a comprehensive process in which teachers will look at essential questions, data, test results, staffing levels, and professional development and create a self study by grade level and building. This self study will highlight the strengths and areas of concern across all grade levels. From this self study an action plan will be created to address the needs in Health and Wellness and help students attain excellence.

#### **Committee Organization:**

The following are the members of the Health and Wellness CRP Self-Study Team:

Paul Vieira	Central	Assistant Superintendent
Jenn Pavia Shiels	HS	Adjustment
Heather Smith	HS	Psychologist
Andrew MacKay	HS	PE Teacher
Kelly Roy	MS	Adjustment
Peter Zacchilli	MS	PE Teacher
Amanda Walker	Mindess	Guidance
Dan Powers	Mindess	PE Teacher
Jess Malone	Warren	Psychologist
Teresa McCarrick	Warren	PE Teacher
Julie Baker	Warren	Guidance
Amy Turncliff	DAET	Parent
Audrey LaCroix	MS	Nurse
Ann Maureen Wiencek	HS	Nurse

### **Timeline:**

This committee first met in October to establish norms and a Statement of Philosophy. This statement will drive the curriculum that we look to implement, questions we ask schools during site visits, staffing concerns, and program implementation. In November the committee visited 4 schools (Fitchburg, Needham, Natick, Hopkinton) to examine their SEL, PE, and Wellness programs. After the visits an action plan was created and reviewed with the committee. In January sub-groups will be formed, the action plan will be implemented, and goals will be set for the remainder of the 2016-2017 school year as well as the start of the 2017-2018 school year.

### **Statement of Philosophy:**

The goal of the Ashland Public Schools is to develop a comprehensive, research and evidence based preK-12 Health, Wellness, and Physical Education program that meets the diverse and ever changing needs of our students. When students maintain adequate levels of physical activity, understand the impact of healthy choices, and comprehend the role that social/emotional wellness plays in their daily lives, learning across all subject areas increases.

Such a program will:

**H**elp raise self esteem in students

**E**ngage students in regular physical activity

**A**lign health, wellness, and physical education to positively impact the social, emotional, and physical well being of students

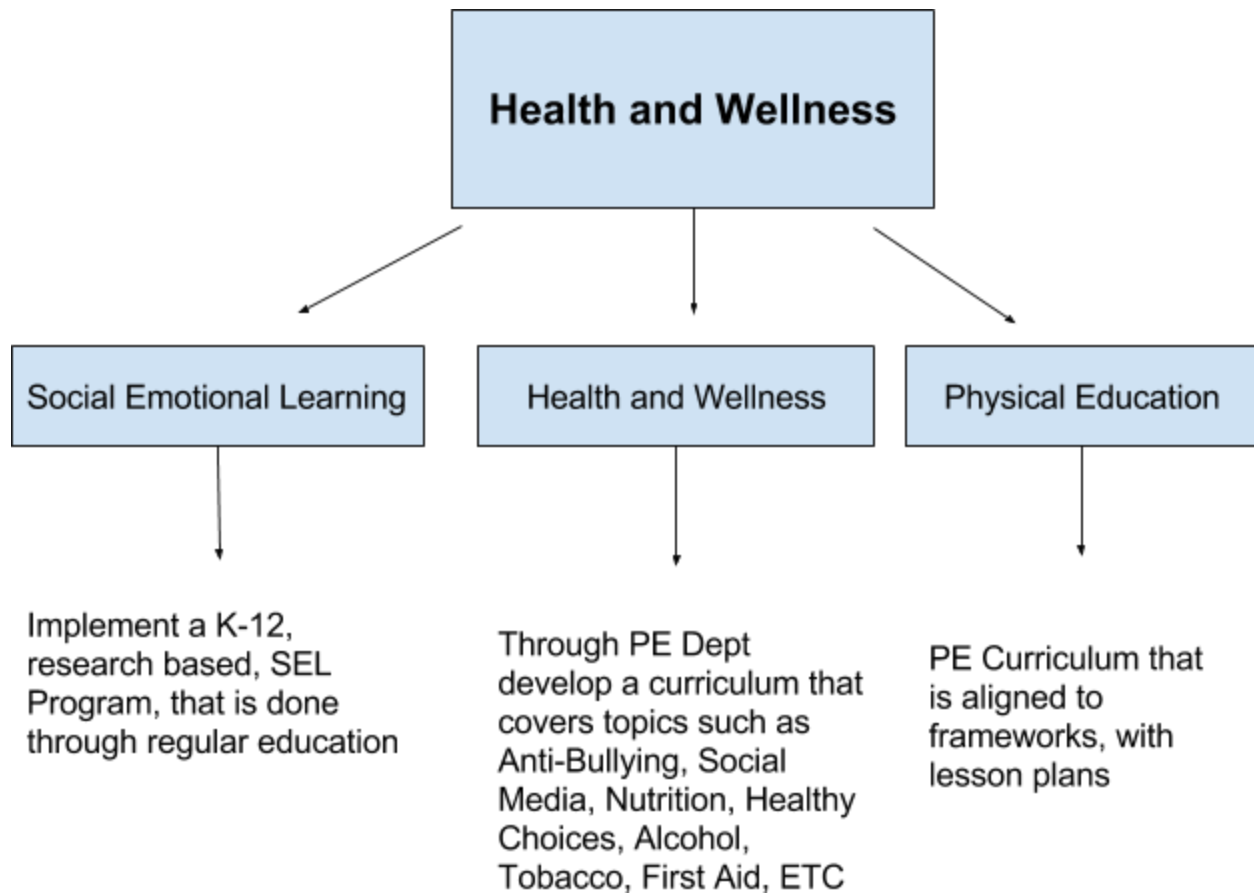
**L**earn appropriate personal and social behavior towards self and others

**T**ake knowledge, concepts, principles, and strategies learned and apply across various settings

**H**ave a strong understanding of personal wellness

At each building the following will be included:

1. A research and evidence based SEL/Wellness curriculum, Pre-K through 12
2. Professional Development for all staff to implement curriculum
3. A PE program that meets time on learning requirements



## **Social Emotional Learning**

<b><u>School Year</u></b>	<b><u>Action Item</u></b>	<b><u>Measureable outcomes</u></b>	<b><u>Timeline</u></b>	<b><u>Person(s) Responsible</u></b>	<b><u>Resources Required</u></b>
2016-2017	Research Pre-K-5 SEL programs such as Responsive Classroom, Second Step, Social Thinking, etc	Selection of program for 2017-2018	Spring 2017	Guidance/Admin	Release time
2017-2018	Pilot Pre-K-5 program and schedule	Full implementation for 2018-2019	17-18 school year	Admin, teachers, guidance	Release time, resources for the program
2017-2018	Create assessment of program	Assessment protocols	17-18 school year	Admin, teachers, guidance	Release time
2018-2019	Make modifications to program based off of assessments	Modified program	18-19 School year	Admin, guidance, teachers	Release time
2016-2017	Research advisory models 6-12	Selection of a model	Spring	Guidance/Admin	Release time

			2017		
2016-2017	Professional development	Understanding of the importance of SEL and Advisory	Spring 2017	Admin	PD plan
2017-2018	Pilot Advisory Programs 6-12	Work out any issues with the program	17-18 School Year	Admin/Guidance	Planning time
2017-2018	Write Advisory Curriculum	6-12 lesson plans for teachers to pull from	Summer 17	Staff	Release time
2018-2019	Implement Advisory Program	Full implementation of of program	Fall 2018	Staff	
2018-2019	Assessment protocols of program	Assessment protocols created	Winter 2018	Staff	Release time
2018-2019	Make modifications to program	Modified Program	18-19 school year	Staff	Release time

### **Health and Wellness**

<b><u>School Year</u></b>	<b><u>Action Item</u></b>	<b><u>Measureable outcomes</u></b>	<b><u>Timeline</u></b>	<b><u>Person(s) Responsible</u></b>	<b><u>Resources Required</u></b>
2016-2017	Write a PreK-12 curriculum based on current staffing levels	K-12 curriculum for students based on staffing levels	Spring 2017	Admin/Staff	Financial
2017-2018	Create a schedule that allows for implementation	Program implementation	Fall 2017	Admin/Staff	Release time
2018-2019	Modify curriculum with 1 FTE in health	K-12 curriculum for students based on staffing levels	Spring 2018	Admin/Staff	Financial
2018-2019	Create a schedule with implementation	Program implementation	Fall 2018	Admin/Staff	Release time
2019-2020	Modify curriculum with a second FTE in health	K-12 curriculum for students based on staffing levels	Spring 2019	Admin/Staff	Financial
2019-2020	Create a schedule with implementation	Program implementation	Fall 2019	Admin/Staff	Release time
2020-2021	Modify curriculum with third FTE in health	K-12 curriculum for students based on staffing levels	Spring 2020	Admin/Staff	Financial

2020-2021	Create a schedule with implementation	Program implementation	Fall 2020	Admin/Staff	Release time
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## **Physical Education**

<b><u>School Year</u></b>	<b><u>Action Item</u></b>	<b><u>Measureable outcomes</u></b>	<b><u>Timeline</u></b>	<b><u>Person(s) Responsible</u></b>	<b><u>Resources Required</u></b>
2016-2017	Modify all curriculum to State and National Standards	A fully aligned curriculum	Spring 2017	Admin/Staff	Financial Resources
2016-2017	Assess master schedule at the high school	A schedule that meets the needs of students and standards	Spring 2017	Admin/Staff	Release time
2016-2017	Examine course/credit requirements at the high school	Requirements that are consistent with other schools and standards	Spring 2017	Admin/Staff	Release time
2017-2018	Create assessment of program	Assessment protocols created	Fall 2017	Admin/Staff	Release time
2018-2019	Roll out full program	Program implementation	Fall 2018	Admin/Staff	Release time
2018-2019	Assess program and make identified changes	Program implementation	Fall 2019	Admin/Staff	Release time
2017-2018	Assess staffing levels at the Warren School and schedule	Program Assessment	Fall 2017	Admin Staff	Release time