


Mon	Tue	Wed	Thu	Fri
<p>Questions or Comments? Contact Lisa Beaudin, Director of Nutrition Services (508) 881-0165 lbeaudin@ashland.k12.ma.us</p>	<p>1 1) Buffalo Chicken Dip 2) Sunbutter and Jelly Sandwich "V" 3) Caesar Salad with or without Chicken "V"</p>	<p>2 <b>Remote Learning</b></p>	<p>3 1) American Chop Suey 2) Chicken Ranch Wrap 3) Fruit and Cheese Plate "V"</p>	<p>4 1) Buffalo Chicken Dip 2) Sunbutter and Jelly Sandwich "V" 3) Caesar Salad with or without Chicken "V"</p>
<p>7 1) Pulled Pork Sandwich 2) Turkey &amp; Cheese on a Croissant 3) Vegetarian Grab &amp; Go "V"</p>	<p>8 1) French Toast Sticks Breakfast Sausage Hashbrown "V" 2) Ham and Cheese on Croissant 3) Greek Salad with or "V" without Grilled Chicken</p>	<p>9 <b>Remote Learning</b></p>	<p>10 1) Pulled Pork Sandwich 2) Turkey &amp; Cheese on a Croissant 3) Vegetarian Grab &amp; Go "V"</p>	<p>11 1) French Toast Sticks Breakfast Sausage Hashbrown "V" 2) Ham and Cheese on Croissant 3) Greek Salad with or "V" without Grilled Chicken</p>
<p>14 1) Mac and Cheese "V" 2) Chicken Ranch Wrap 3) Fruit and Cheese Plate "V"</p>	<p>15 1) Muchos Nachos 2) Sunbutter and Jelly Sandwich "V" 3) Chef Salad "V"</p>	<p>16 <b>Remote Learning</b></p>	<p>17 1) Mac and Cheese "V" 2) Chicken Ranch Wrap 3) Fruit and Cheese Plate "V"</p>	<p>18 1) Muchos Nachos 2) Sunbutter and Jelly Sandwich "V" 3) Chef Salad "V"</p>
<p>21 1) Hot Dog on a Bun 2) Turkey Sandwich 3) Vegetarian Grab &amp; Go "V"</p>	<p>22 1) Grilled Cheese "V" 2) Ham and Cheese on Croissant 3) Caesar Salad with or without Grilled Chicken "V"</p>	<p>23 <b>Remote Learning Half Day</b></p>	<p><b>Happy Holidays!</b></p>	<p><b>Be Safe!</b></p>
	<p><b>Menu Subject to Change Without Notice</b></p>	<p><b>PLEASE NOTE:</b> If you have a food allergy please contact the Nutrition Services Department before purchasing a meal "V" is or can be made vegetarian</p>	<p>Questions or Comments? Contact Lisa Beaudin, Director of Nutrition Services (508) 881-0165 lbeaudin@ashl.k12.ma.us</p>	<p><b>Breakfast Anyone?</b> You know it is the most important meal of the day so don't skip it! We serve breakfast every day at all schools. Check it out!</p>

**ALL MEALS ARE FREE THIS SCHOOL YEAR!**  
 If you need meals for remote days please visit our website to sign up  
<http://www.ashland.k12.ma.us/nutrition-services>  
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